LIFE HEALTHCARE GROUP HOLDINGS LIMITED (Incorporated in the Republic of South Africa) (Registration number: 2003/002733/06) ISIN: ZAE000145892 Share Code: LHC ("the Company")

CHANGES TO THE BOARD - APPOINTMENT OF INDEPENDENT NON-EXECUTIVE DIRECTOR

In compliance with the JSE Limited Listings Requirements, the following information is disclosed:

The board is pleased to announce that Royden Vice has been appointed as an independent non-executive director of the Company with effect from 1 January 2014.

Royden is the chairman of the board of Waco International Holdings (Pty) Limited since retiring in July 2011 after ten years as the company's CEO. The Waco group of companies has subsidiaries in the UK, USA, Australia, New Zealand, Chile and Southern Africa. Prior to this, Royden was CEO of Industrial and Special Products of the UK-based BOC Group, responsible for operations in over 50 countries and revenue of \$4 billion. He was also chairman of African Oxygen Limited (Afrox) from 1994 - 2001 and Afrox Healthcare, which successfully listed in 1999. He serves as a non-executive director on the boards of Hudaco Industries Limited where he is the chairman and Murray and Roberts Holdings. Royden is a governor of Rhodes University. He has extensive global leadership experience, having lived on 3 continents - America (New York), Africa (Johannesburg) and Europe (London).

The board welcomes the appointment of Royden Vice and looks forward to his contribution.

Illovo 6 December 2013

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)